# INHA Summer Conference **"Taking the Lead"** June 17-20, 2024 Beau Rivage Casino and Resort Biloxi, MS 39530

It is time for INHA's Annual Conference where some of the best healthcare providers come together. We have always been dedicated to providing the best in education and training along with our commitment to making a difference in Long Term Care, Skilled Care, Memory Care, and Assisted Living. Each year we strive to provide training and educational sessions that directly relates to changes in regulations, as well as key issues in today's long-term care, memory care, skilled care, and assisted living sector. We believe in giving each participant the opportunity to learn about new research, regulations and developments in caring for an aging population.

Every summer at INHA's conference professionals in long term care come together to participate in active learning; to engage in important discussions; and to hear from outstanding presenters who offer a broad range of expertise within the profession. Participants will leave with ready-to-use information, ideas and best practices that will challenge and inspire them. This year is no different.

Don't miss this great opportunity to learn, to network with professionals and vendors, and to have a great time.

## AGENDA

#### Monday, June 17, 2024

2:00 p.m. – 5:00 p.m.	Registration for attendees Exhibitor Set-Up
5:00 p.m6:30 p.m.	Welcome Reception with Light Hors d'oeuvres and Open Bar - Azalea (Casual dress) Exhibitor Booths will not be open at this time

#### Tuesday, June 18, 2024

8:00 a.m. – 9:30 a.m. Session I - Azalea Mark Lewis – Keynote Speaker Business Leader, Executive Coach and Inspirational Speaker "Marshall Klein Louisiana Entrepreneur of the Year" Award Recipient

## "Give A Damn! – The Ticket to Cultural Change"

- Discuss multiple ideas that will effectively lead to greater success
- Discuss new ways to develop clarity with employees and residents
- Learn new interview techniques to hire the right 'Give A Damn' employee
- Interact with other attendees and practice the highly successful 'Unique and Special Interview Tool to Build a Stellar Work Culture"

9:30 a.m. – 10:00 a.m.	Break with Exhibitors - Camellia
10:00 a.m. – 11:30 a.m.	Session II - Azalea Dr. Daniel Edney, State Health Officer Mississippi State Department of Health

Dr. Edney will be representing the Mississippi Department of Health. He will give updated guidance on how to handle illnesses and infections in the long-term care setting to ensure our residents have the optimal level of care.

11:30 a.m. – 1:00 p.m.	Networking Lunch with Exhibite	ors and Legislators - Camellia
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## Camellia closed to attendees until 6/19 breakfast

#### Tuesday, June 18, 2024 (continued)

1:00 p.m. - 2:30 p.m.Session III - AzaleaAbb PayneFounder and CEO of The Payne Companies

#### "10 Things I Wish I Had Known as a Leader (and Learned the Hard Way)"

- Identify the different aspects of hiring likeminded employees
- Identify opportunities on how to grow your department or organization
- Learning how to be the most effective leader

2:30 p.m. – 3:00 p.m. Break - Azalea

3:00 p.m. - 4:30 p.m.Session III - AzaleaFrances Fair, Director of Facility Licensure & CertificationMississippi State Department of Health

Frances Fair will be representing the Mississippi Department of Health. She and her team will give updated guidance on rules and regulations for the long-term care industry. They will also advise our members on what they will be looking for during State survey and how to implement any upcoming changes our industry will face.

## **Tuesday Evening Networking Event**

6:00 p.m. – 9:00 p.m. Our Annual Networking Event with live music featuring **Charles 'C.C' Carter!** Magnolia Ballroom

You don't want to miss this exciting event! Relax, dance, have fun, and enjoy networking with exhibitors and attendees. Our event will feature a buffet and open bar. Casual dress (must have purchased a ticket to bring a guest)

#### Wednesday, June 19, 2024

8:00 a.m. – 9:00 a.m.	Breakfast with Exhibitors – Camellia
9:00 a.m. – 10:30 a.m.	Session I - Azalea Lindsey Lewis, Ph.D Owner of iNGAGE Talent Development

#### "Creating a Motivating Work Environment with Coaching"

Leadership is far more about developing others than it is about personal success. Healthy organizations utilize their talent to coach and develop others. In this session, participants will learn strategies to create a motivating environment and learn how to develop others through a coaching model.

Objectives:

- Determine what it means to create a motivating environment
- Discuss the importance of establishing trust and building relationships
- Define coaching and the coaching process in the workplace
- Identify key qualities of a good coach
- Practice utilizing appropriate feedback in a coaching role play

10:30 a.m. – 10:45 a.m.	Break with Exhibitors - Camellia
10:45 a.m. – 12:15 p.m.	Session II - Azalea Lindsey Lewis, Ph.D Owner of iNGAGE Talent Development

#### "The Five Dysfunctions of Teams"

An absence of trust, a fear of conflict, a lack of commitment, avoidance of accountability, and inattention to results, are the five dysfunctions of why teams so often struggle. The good news is, if we can diagnose them, they're fixable. In this session, participants will learn to identify and remedy their teams' dysfunctional attitudes and actions for organizational success.

#### **Objectives:**

1. Learn and Describe each of the five behaviors that make up the five behaviors model

2. Identify what is lacking at what needs to be done moving forward to build trust in your organization

3. Participants will practice, vulnerability-based trust

4. Identify healthy and unhealthy conflict resolution strategies

5. Identify behaviors that will increase the likelihood of team members holding one another accountable

## \*Exhibitors will break down booths at 12:15pm\*

Lunch on your own and the afternoon free to enjoy the Gulf Coast!

#### Thursday, June 20, 2024

8:00 a.m. – 9:00 a.m.	Continental Breakfast – Camellia
9:00 a.m10:30 a.m.	Session I - Camellia Cat Selman
	Co-Founder of The Cat Selman Company

## "Training Requirements: What Will Surveyors Look For?"

F941 requires that staff training be conducted in very specific areas. The revised CMS Surveyor Guidance provides new clarifications, additional definitions, and detailed content for these trainings. Changes

were made in approximately 10 areas of required education/training components. Will your in-services and training offerings meet the new survey focus? In this session, Cat will take each mandated/recommended training topic and discuss content and process, so that you and your staff will be prepared to meet this new challenge.

- At the end of this educational activity, learner will self-report a knowledge gain in CMS requirements regarding Staff Training on the post session evaluation.
- At the end of this educational activity, learner will be able to list the ten CMS-mandated staff training topics.
- At the end of this educational activity, learner will self-report a knowledge gain in staff training techniques on the post session evaluation.

10:30 a.m. – 10:45 a.m.	Break - Camellia
10:45 a.m. – 12:15 p.m.	Session II - Camellia Cat Selman Co-Founder of The Cat Selman Company

## CMS Requirements of Participation: Non-pharmacological Interventions

"Non-pharmacological intervention" refers to care that does not involve medications, generally directed to stabilizing and/or improving a resident's mental, physical, and psychosocial well-being." CMS requires that "non-pharmacological interventions/approaches" be utilized in a number of specific care areas: behavior, pain management, psychosocial disorders, and trauma, to name a few. In addition to the care areas, CMS has very detailed guidance regarding staff competencies and non-pharmacological interventions. In this session, Cat will address each regulation that provides surveyor guidance for these specific interventions. Additionally, she will provide effective examples that are included in the revised Surveyor Guidance. If Surveyors have been given examples of these interventions, you may be assured this will be a focus when they review your assessments, and, more specifically, your care plans.

- At the end of this educational activity, learner will self-report a knowledge gain in CMS requirements regarding Staff Training on the post session evaluation.
- At the end of this educational activity, learner will be able to list the ten CMS-mandated staff training topics.
- At the end of this educational activity, learner will self-report a knowledge gain in staff training techniques on the post session evaluation.

Dismissed after Session II

At the end of the conference, your CE hours will be reported to the appropriate board so you will receive credit for your hours earned. If your board requires a certificate, it will be emailed to you following completion of the conference. Your CE submission will cover the hours earned only. If you

leave early, your hours will be calculated at that time and will reflect what you earned at that time. The Sign-In sheets will be placed in the room where the training takes place. They will be put out prior to the session to sign in. You will not be required to sign out for breaks and lunch but will be required to sign in prior to each session. Sign-In sheets will be assigned for each professional discipline.

#### **General Information:**

All registration includes (for person registered):

- INHA's Welcome Reception on Monday
- Continental breakfast on Tuesday, Wednesday, and Thursday
- Networking luncheon on Tuesday
- Networking breaks
- Networking Event on Tuesday evening
- CEU's applied for

#### Continuing Education Credits that have been approved:

MS Nursing Home Administrator 16.5 hours AL Nursing Home Administrator 12 hours LA MS Nursing Home Administrator 18 hours Activity Professional 18 hours Certified Dietary Managers 18 hours Social Worker Physical Therapy Assistants 15 hours Physical Therapists 15 hours National Association of Long-Term Administrator Board 15.50 hours

#### **Hotel Information:**

The Beau Rivage Resort & Casino 875 Beach Boulevard Biloxi, MS 39530

Reservation: 800-239-2771 or click on the link to register

Group Code: https://book.passkey.com/e/50638892

Group Room Rates:			
Run of House:	Monday	Tuesday	Wednesday
	\$195.00	\$195.00	\$195.00

Check In: After 4:00 p.m. \*Cut-off Date for Group Rate: May 20, 2024\*

Standard additions include \$100.00 for incidental charges The first night's deposit of room and taxes is required to guarantee individual reservations

#### **Conference Attire:**

Casual attire is recommended and suitable for all meetings and receptions. <u>Please remember that</u> these meeting rooms are cold and we cannot control the temperature, so come prepared.

#### **Cancellations/Refunds:**

Cancellations received on or before May 20, 2024, will be refunded minus a \$150.00 administrative fee. Refunds will not be issued after the cancellation deadline. Any cancellation must be made in writing and e-mailed to <u>ashley.inha@gmail.com</u>. Refunds will be processed within 30 days following the end of the conference. Refunds or credits will not be made on no-shows. You may substitute an individual as long as it is for the entire conference.

Conference FEES:Facility and Individual MembersFull Conference Only\$775.00Guest for Networking Events:\$100.00 Per Guest

Non-Facility and Non-Individual MembersFull Conference Only\$875.00Guest for Networking Events:\$100.00 Per Guest

Payment Method: Check Payable To: INHA Mail to: Tice and Associates/INHA P.O. Box 787 Wiggins, MS 39577

Paypal: PayPal.Me/INHA2022

If you have questions, please call or email: Ashley Bradshaw 601-325-3298 <u>ashley.inha@gmail.com</u>